

URLA SAHNE

YOGA & WELLNESS IN NATURE

Set in the heart of nature, Urla Sahne offers more than just a place to stay—it is a retreat where body and soul find balance. Surrounded by olive trees and open skies, guests can reconnect with themselves through yoga, meditation, and mindful practices, embarking on an unforgettable journey of renewal.



Accommodation & Facilities

- 8 uniquely designed hotel rooms
 - 15 comfortable bungalows
- The Guru Restaurant with local flavors and Aegean cuisine
- Outdoor spaces for yoga and meditation
 - Fitness center, outdoor swimming pool, and Urla Sahne Tennis Club

Retreats

At Urla Sahne, we host yoga, tai chi, meditation, and mindfulness gatherings surrounded by nature. If you wish to design your own retreat, workshop, or special program, you are welcome to contact us and make use of our venue, accommodation, and hospitality facilities.

LOCAL FLAVORS & CONSCIOUS LIVING



At The Guru Restaurant, our breakfast is prepared with natural products sourced from local producers. Guided by a farm-to-table philosophy, our menus feature the freshest Aegean vegetables and herbs. From our own olive groves, we produce early harvest and cold-pressed olive oil, a signature element of every table. We integrate sustainability into every step of our operations through waste management, energy-saving practices, and reducing single-use products, ensuring a mindful and responsible approach to hospitality.



Urla Sahne is set in the peaceful landscapes of the Aegean, yet remains easily accessible. It is just 40 minutes from Izmir city center and 55 minutes from Adnan Menderes International Airport.

With direct flights from Istanbul and Ankara, reaching Izmir is quick and convenient. This accessibility makes Urla Sahne an ideal retreat for those seeking a mindful escape from the city.

Take a break in the heart of nature, surrounded by the serenity of olive trees. At Urla Sahne, you are invited to a unique experience where yoga, awareness, and wellness come together.

✉ info@urlasahne.com.tr

☎ + 90 530 627 01 92



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